



## Program Outline

Program: CPR Pro for the Professional Rescuer <i>Recommended Initial Course Schedule</i> <i>Break for at least 5 minutes each hour</i>	Time (minutes)			
	Adult BLS	Child BLS	Infant BLS	All Ages
Section 1: Introduction	20	20	20	20
Section 2: Heart Disease and Stroke	20	10	10	30
Section 3: Emergency Action Steps	90	90	60	240
Section 4: Conclusion (Performance Evaluation & Written Exam)	45	45	30	90
Breaks	15	15	10	40
<b>Total Approximate Minutes:</b>	<b>190</b>	<b>180</b>	<b>130</b>	<b>420</b>
<b>Total Approximate Hours:</b>	<b>3</b>	<b>3</b>	<b>2</b>	<b>7</b>